

Medication Information Sheet



Methocarbamol

brands: Robaxin

Medications are only ONE part of a successful treatment plan. They are appropriate when they provide benefit, improve function and have either no or mild, manageable side effects. Importantly, medications (even if natural) are chemical substances not expected in the body, and as such have side effects. Some of the side effects might be unknown. The use of medications/drugs for any purpose requires patient consent. This practice does NOT require a patient to use any medication.

Information & potential benefits

This medicine is a skeletal muscle relaxant. The precise way it works is unknown, but it is thought to depress the central nervous system. Methocarbamol relieves muscle pain and discomfort caused by certain muscle conditions. It is used along with rest and physical therapy.

Potential risks and side effects

Common and basic side effects include blurred vision, dizziness, drowsiness, eye redness or irritation, fever, headache, hives, lightheadedness, nasal stuffiness, nausea. You should seek medical attention if you experience severe allergic reactions (rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue); fainting, seizures, yellowing of the skin or eyes. This medicine may discolor the urine. This is normal and not a cause for concern. You should not use methocarbamol if you are currently using Anticholinesterases (eg, neostigmine) because their effectiveness may be decreased by this medicine; or Sodium oxybate (GHB) because the risk of its side effects may be increased by this medicine.

Dosing information

Methocarbamol is started at lower doses and slowly increased until therapeutic doses are reached. Average dose is 4,000mg daily. Maximum dose is 8,000mg daily. Take this medicine by mouth on an empty stomach. If stomach upset occurs, take with food or immediately after a meal to reduce stomach irritation.

Important information

Disclaimer: This is for informational purposes only. This does not replace the instructions you received from your provider, does not constitute initiation of medical treatment or establishment of a patient-physician relationship, does not constitute any form of recommendation, prescription or medical advice, and does not imply that the medication is appropriate or FDA approved for any condition. This information is not a complete listing of instructions, doses, uses or side effects. If this was prescribed to you, you must review this information with your pharmacist and prescriber before starting the medication. Any medication may interfere with the ability to drive, concentrate or operate machinery; patients must be responsible for their own behavior and should not engage in any dangerous activity if there is any question of impairment. All medications have side effects and drug interactions, some serious, some fatal. Let all of your practitioners and pharmacists know about every substance used. Alcohol, herbals or illegal drugs are not considered safe with these medications. Assume no medication is safe during pregnancy or while breast feeding. The medication may interfere with birth control. Almost any medication can cause sleepiness, insomnia, dizziness, confusion, hallucinations, anxiety, panic, constipation or diarrhea, headache, chest pain and nausea or vomiting, among others. Most medications should NOT be stopped suddenly because of the risk of withdrawal.